

## **BOOKING CONDITIONS AND JOINING INFORMATION (YACHTING EXPERIENCE DAYS)**

### ***EVENT FEES INCLUDE:***

- Provision of lifejackets
- Provision of waterproof clothing (if required)
- Instruction by experienced, qualified staff
- Provision of vessels /fuel

### ***EVENT FEES DO NOT INCLUDE:***

- Footwear
- Food/refreshments

### ***PHYSICAL FITNESS***

You should be confident in water. We don't expect you to swim the Channel, but you will get more out of your course with a reasonable level of general fitness. You must advise your instructor of any illness or medical disability. If you suffer from asthma, diabetes, epilepsy, giddy spells, angina, or other heart conditions or have a history of back problems, you should check with your doctor before taking part in TBT activities and be in a position to produce a note from your doctor if required.

### ***AGE RANGE***

18+ or accompanied children. Unaccompanied children by arrangement.

### ***WHAT TO BRING:***

We recommend you bring clothing appropriate to the conditions. Fleece pullovers are excellent and thermal underwear can also be a really good investment.

Other items you will need:

- Trainers, deck shoes or yachting wellies
- A hat and gloves (in cold weather)
- Suntan lotion
- Sun glasses

### ***PAYMENT***

- All bookings must be accompanied by the appropriate payment.
- Group event numbers must be confirmed and appropriate payment made at time of booking.

- Course/event fees are non-refundable unless the event is cancelled by Tiger Bay Training
- Crossed cheques/postal orders should be made payable to "Tiger Bay Training" and sent to: Harbour Master's Office, Penarth Marina, Vale of Glamorgan. CF64 1TQ.
- Alternatively, payment can be made by credit or debit card either in person or by telephone.

### ***ARRIVAL***

Your instructor will meet you at the TBT Office in Penarth Marina (see adjoining directions). Morning sessions begin at 0930 and afternoons at 1400.

### ***SAFETY***

In addition to enjoyment and learning new skills, safety is of paramount importance on all courses. **Clearly, watersports are hazardous by their nature and participants must accept that there are risks and the inevitable bumps and scrapes which happen during the thrills and spills of fast moving activities.** To manage the risks so far as we are able Tiger Bay Training has a 'safe system of work'

- We only have qualified experienced staff
- We provide a range of quality personal protective and safety equipment for participants' comfort and safety
- We provide up-to-date equipment for your experience day.
- We teach to national governing body recommendations and guidelines, in small groups
- We have robust management and safety systems which have been inspected by approved bodies such as the RYA
- We reserve the right to modify or cancel an activity if we feel that there are unmanageable risks.